

# GALL BLADDER CANCER

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# BACKGROUND

- Cancers of the biliary tract include cholangiocarcinoma (cancers arising from the bile duct epithelium), ampulla of Vater cancer, and gallbladder cancer
- All subtypes of biliary tract cancers are rare and have an overall poor prognosis
- Difficult to diagnose
- Gallbladder cancer is the 5<sup>th</sup> most common GI cancer and the most common hepatobiliary cancer in US
- Gallbladder cancer accounts for 46% of the biliary tract cancers in US

# PATHOPHYSIOLOGY

## CAUSES OF GALL BLADDER CANCER

- Chronic inflammation
  - Gall stones
    - >75%, cholesterol gall stones
    - The presence of gallstones increases the risk of gallbladder cancer 4- to 5-fold
  - Primary sclerosing cholangitis, ulcerative colitis, liver flukes, chronic *Salmonella typhi* and paratyphi infections, and *Helicobacter* infection
- Ingestion of certain medications (eg, oral contraceptives, INH, methyldopa) can increase the risk of gallbladder cancer
- Certain chemical exposures (eg, pesticides, rubber, vinyl chloride 氯乙烯)

# PATHOPHYSIOLOGY

## CAUSES OF GALL BLADDER CANCER

- Occupational exposures
  - Textile, petroleum, paper mill, and shoemaking
- Exposures through water pollution (organopesticides, eg, dichlorodiphenyltrichloroethane-DDT and benzene hexachloride 林丹); heavy metals (eg, cadmium 鎘, chromium 鉻, lead); and radiation exposure (eg, radon 氡 in miners)
- Obesity
  - Association with gallstones, increased endogenous estrogens, or through the ability of fat cells to secrete a large number of inflammatory mediators

# PATHOPHYSIOLOGY

## CAUSES OF GALL BLADDER CANCER

- Hereditary syndromes
  - Gardner syndrome, neurofibromatosis type I, and hereditary nonpolyposis colon cancer
- Oncogenic mutations
  - polymorphism of the cytochrome P450 1A1 gene (*CYP1A1*), encodes a protein involved in catalyzing the synthesis of cholesterol and other lipids
  - Polymorphisms within the apolipoprotein B gene
- Overexpression of alpha-methylacyl coenzyme A racemase (AMACR)
- Abnormal anatomy
  - Congenital defects with anomalous pancreaticobiliary duct junctions
  - Choledochal cysts

# PATHOPHYSIOLOGY

## RELATIVE RISK

Risk factor	Relative risk		Reference
Gallstones	3.01-23.8		218-222
Size of gallstones			
2.0-2.9 cm	2.4		191,223
>3.0 cm	9.2-10.1		
Duration of gallstones			
5-19 yr	4.9		193
>20 yr	6.2		
BMI	Men	Women	
30.0-34.9	1.8	2.1	215
Infections			
Chronic typhoid & paratyphoid carriers	12.7-167		224,225
<i>Helicobacter bilis</i>	2.6-6.5		206,226

# FREQUENCY

## UNITED STATES

- 10,000 new cases of gallbladder cancer and other biliary cancers are predicted in 2013 according to the American Cancer Society 2013 statistic projections
- Gallbladder cancer is more common in women
- The incidence of gallbladder cancer rises with age
  - 75% with gallbladder cancer > 64 years

# FREQUENCY

## WORLD WIDE



- Incidence of gallbladder cancer worldwide (From National Cancer Institute. Surveillance, Epidemiology and End Results (SEER) Program)



# FREQUENCY

## WORLD WIDE

- Incidence varies substantially with racial and ethnic group and sex
  - Gallbladder cancer rates are the highest among American Indians/Alaska Natives and among white Hispanic (西班牙血統) peoples
- Areas with the highest incidence rates
  - India, Korea, Japan, Czech Republic捷克, Slovakia斯洛伐克, Spain, Columbia, Chile, Peru, Bolivia玻利維亞, and Ecuador厄瓜多爾
- The United Kingdom, Denmark, and Norway have the lowest international incidence rates (<2/100,000)

# CLINICAL PRESENTATION

## HISTORY

- Overlap with the symptoms of gallstones and biliary colic
- Abdominal pain may be of a more diffuse and persistent nature than the classic right upper quadrant pain of gallstone disease
- Jaundice, anorexia, and weight loss often indicate more advanced disease

# CLINICAL PRESENTATION

## SIGNS AND SYMPTOMS

- Usually not present until the later stages of gallbladder cancer
  - Jaundice
  - Pain above the stomach
  - Fever
  - Nausea and vomiting
  - Bloating
  - Lumps in the abdomen
  - Jaundice, anorexia, and weight loss often indicate more advanced disease
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# CLINICAL PRESENTATION

## SIGNS AND SYMPTOMS

- Palpable mass in the right upper quadrant (Courvoisier sign, if this is due to a palpable gallbladder)
- Periumbilical lymphadenopathy (Sister Mary Joseph nodes)
- Left supraclavicular adenopathy (Virchow node)
- Pelvic seeding: Mass is palpated on digital rectal examination (Blumer shelf)

# DIFFERENTIAL DIAGNOSES

- Biliary Colic
- Acalculous cholecystitis
- Acalculous cholecystopathy
- Ampullary carcinoma
- Bile duct stricture
- Bile duct tumors
- Biliary disease
- Biliary obstruction
- Carcinoma of ampulla Vater
- Cholangiocarcinoma
- Cholangitis
- Cholecystitis
- Choledochal cysts
- Cholelithiasis
- Cholelithiasis
- Clostridial cholecystitis
- Gall bladder mucocele
- Gall bladder volvulus
- Hepatic carcinoma, primary
- Liver abscess
- Pancreatic cancer
- Primary biliary cirrhosis
- Primary sclerosing cholangitis

# WORKUP

## LABORATORY STUDIES

- Tumor marker CA 19-9
  - CA 19-9 may be significantly elevated in both cholangiocarcinoma and gallbladder cancer
  - CA 19-9 tests may be helpful in the appropriate situation if the clinical suspicion for gallbladder cancer is high
- Liver function tests: Elevated alkaline phosphatase and bilirubin levels are often found with more advanced disease
- CBC: Anemia may be an indicator of more advanced disease

# WORKUP

## IMAGE STUDIES

- Ultrasonography (US)
  - Standard initial study in patients with right upper quadrant pain
  - A mass can be identified in 50-75% of patients with gallbladder cancer
  - Also can delineate metastatic lesions in the liver
- Computed tomography (CT) scans
  - Can demonstrate tumor invasion outside of the gallbladder and identify metastatic disease elsewhere in the abdomen or pelvis
  - Liver invasion occurs in 60% of cases, and the combination of CT scan and US provides accurate details of disease extension

# WORKUP

## IMAGE STUDIES

- Magnetic resonance imaging (MRI)
  - Useful in examining this region for disease extension into other tissues or metastatic disease in the liver
  - Provide details of the vasculature for preoperative planning via magnetic resonance angiogram (MRA) and bile duct passages via magnetic resonance cholangiogram (MRCP)



# WORKUP

## IMAGE STUDIES

- Cholangiography
  - Via a percutaneous route, or endoscopic retrograde cholangiography (ERCP)
  - May establish the diagnosis of gallbladder cancer by bile cytology
- Endoscopic ultrasonography
  - Useful to assess regional lymphadenopathy and depth of tumor invasion into the wall of the gallbladder
- Angiography
  - May be used to confirm encasement of the portal vein or hepatic artery and may assist in preoperative planning for definitive resection

# TNM STAGING (AJCC, 7<sup>TH</sup> ED)

<b>TX</b>	Primary tumor cannot be assessed
<b>T0</b>	No evidence of primary tumor
<b>Tis</b>	Carcinoma in situ
<b>T1a</b>	Tumor invades lamina propria
<b>T1b</b>	Tumor invades muscular layer
<b>T2</b>	Tumor invades perimuscular connective tissue
<b>T3</b>	Tumor perforates serosa or directly invades the liver and/or one other adjacent organ
<b>T4</b>	Tumor invades main portal vein or hepatic artery or invades multiple extrahepatic organs
<b>NX</b>	Regional nodes cannot be assessed
<b>N0</b>	No regional nodal metastasis
<b>N1</b>	Metastasis to nodes along the cystic duct, common bile duct, hepatic artery and/or portal vein
<b>N2</b>	Metastasis to periaortic, pericaaval, superior mesenteric artery, and/or celiac artery lymph nodes*
<b>M0</b>	No distant metastasis
<b>M1</b>	Distant metastasis

<b>Stage 0</b>	Tis	N0	M0
<b>Stage I</b>	T1	N0	M0
<b>Stage II</b>	T2	N0	M0
<b>Stage IIIA</b>	T3	N0	M0
<b>Stage IIIB</b>	T1-3	N1	M0
<b>Stage IVA</b>	T4	N0-1	M0
<b>Stage IVB</b>	Any TN2*	M0	
	Any T	Any N	M1

\* Denotes changes from 6<sup>th</sup> edition classification.

# PROGNOSIS

## SURVIVAL RATE

Stage	5-Year Survival Rate
0	80%
I	50%
II	28%
IIIA	8%
IIIB	7%
IVA	4%
IVB	2%

# TREATMENT

## SURGERY

- Curative surgery
    - Cholecystectomy
    - Extended cholecystectomy with lymphadenectomy
  - Palliative surgery
    - Biliary bypass
    - Endoscopic stent placement
    - Percutaneous transhepatic biliary drainage
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# TREATMENT

## ADJUVANT THERAPY

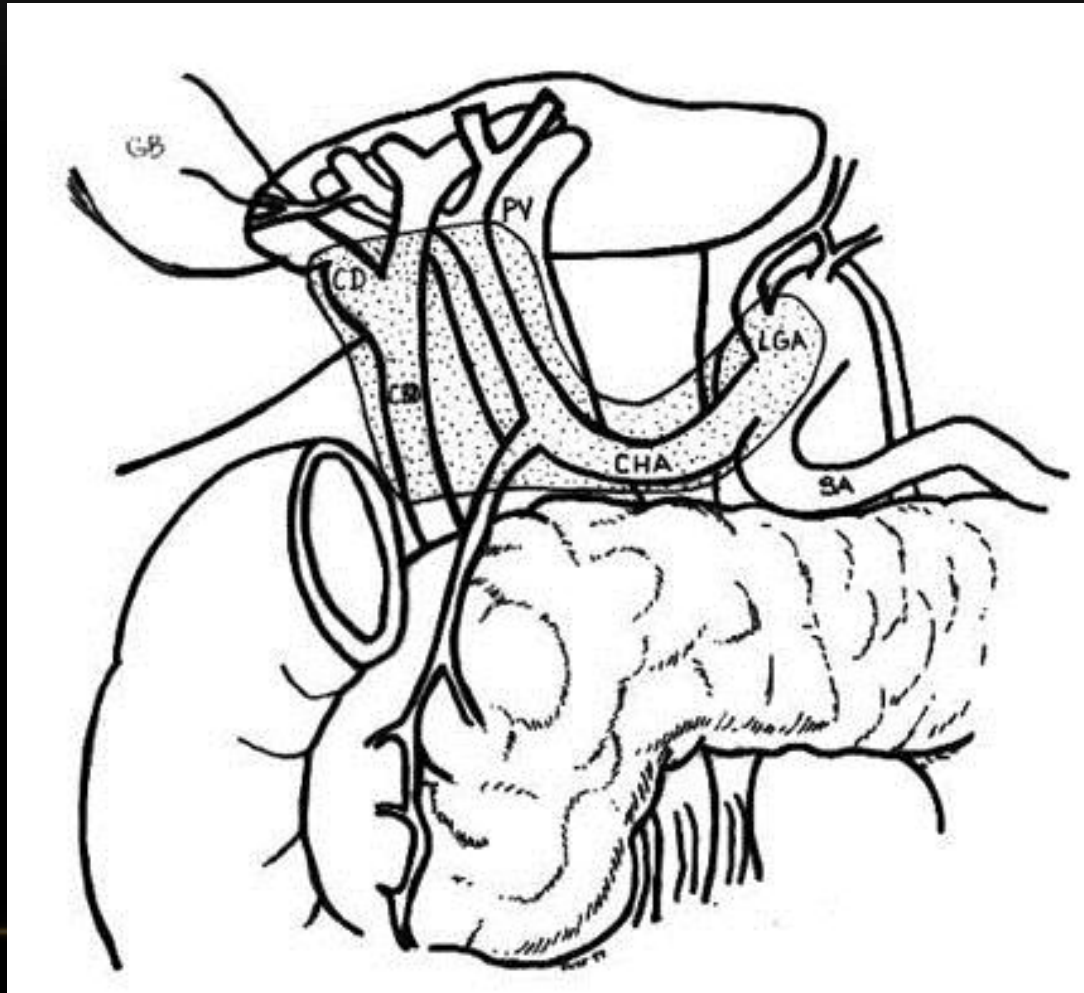
- Radiotherapy
  - External beam
  - Internal beam (brachytherapy)
- Chemotherapy
  - Gemcitabine, Capecitabine, Oxaliplatin, 5-Fluorouracil and Cisplatin

# TREATMENT

## ACCORDING TO STAGES

Stage	Treatment
1	Cholecystectomy alone
2	Extended cholecystectomy CCRT
3	Extended cholecystectomy R/T, CCRT
4	Palliative therapy with R/T, C/T Stents

# THE EXTENT OF LYMPHADENECTOMY FOR GALLBLADDER CANCER



Thank you